



# ANNUAL TRAINING SCHEDULE LANCASHIRE - 2024/2025

CLASSES START

CLASSES START

Happy New Year!

CLASSES START

|       | ● ● SEPTEMBER |   |    |    |    | ● ● OCTOBER |    |    |    |    | ● ● NOVEMBER |    |    |    |   | ● ● DECEMBER |    |    |    |    | ● ● JANUARY |    |    |   |    | ● ● FEBRUARY |    |  |  |  |
|-------|---------------|---|----|----|----|-------------|----|----|----|----|--------------|----|----|----|---|--------------|----|----|----|----|-------------|----|----|---|----|--------------|----|--|--|--|
| MON   | -             | 2 | 9  | 16 | 23 | 30          | 7  | 14 | 21 | 28 | 4            | 11 | 18 | 25 | 2 | 9            | 16 | 23 | 30 | 6  | 13          | 20 | 27 | 3 | 10 | 17           | 24 |  |  |  |
| TUES  | -             | 3 | 10 | 17 | 24 | 1           | 8  | 15 | 22 | 29 | 5            | 12 | 19 | 26 | 3 | 10           | 17 | 24 | 31 | 7  | 14          | 21 | 28 | 4 | 11 | 18           | 25 |  |  |  |
| WED   | -             | 4 | 11 | 18 | 25 | 2           | 9  | 16 | 23 | 30 | 6            | 13 | 20 | 27 | 4 | 11           | 18 | 25 | 1  | 8  | 15          | 22 | 29 | 5 | 12 | 19           | 26 |  |  |  |
| THURS | -             | 5 | 12 | 19 | 26 | 3           | 10 | 17 | 24 | 31 | 7            | 14 | 21 | 28 | 5 | 12           | 19 | 26 | 2  | 9  | 16          | 23 | 30 | 6 | 13 | 20           | 27 |  |  |  |
| FRI   | -             | 6 | 13 | 20 | 27 | 4           | 11 | 18 | 25 | 1  | 8            | 15 | 22 | 29 | 6 | 13           | 20 | 27 | 3  | 10 | 17          | 24 | 31 | 7 | 14 | 21           | 28 |  |  |  |
| SAT   | -             | 7 | 14 | 21 | 28 | 5           | 12 | 19 | 26 | 2  | 9            | 16 | 23 | 30 | 7 | 14           | 21 | 28 | 4  | 11 | 18          | 25 | 1  | 8 | 15 | 22           | 1  |  |  |  |

CLASSES START

CLASSES FINISH FOR 2025

CLASSES START

CLASSES START

|       | ● ● MARCH |    |    |    |    | ● ● APRIL |    |    |    |    | ● ● MAY |    |    |   |    | ● ● JUNE |    |    |    |    | ● ● JULY |    |   |    |    | ● ● AUGUST |  |  |  |  |
|-------|-----------|----|----|----|----|-----------|----|----|----|----|---------|----|----|---|----|----------|----|----|----|----|----------|----|---|----|----|------------|--|--|--|--|
| MON   | 3         | 10 | 17 | 24 | 31 | 7         | 14 | 21 | 28 | 5  | 12      | 19 | 26 | 2 | 9  | 16       | 23 | 30 | 7  | 14 | 21       | 28 | 4 | 11 | 18 | 25         |  |  |  |  |
| TUES  | 4         | 11 | 18 | 25 | 1  | 8         | 15 | 22 | 29 | 6  | 13      | 20 | 27 | 3 | 10 | 17       | 24 | 1  | 8  | 15 | 22       | 29 | 5 | 12 | 19 | 26         |  |  |  |  |
| WED   | 5         | 12 | 19 | 26 | 2  | 9         | 16 | 23 | 30 | 7  | 14      | 21 | 28 | 4 | 11 | 18       | 25 | 2  | 9  | 16 | 23       | 30 | 6 | 13 | 20 | 27         |  |  |  |  |
| THURS | 6         | 13 | 20 | 27 | 3  | 10        | 17 | 24 | 1  | 8  | 15      | 22 | 29 | 5 | 12 | 19       | 26 | 3  | 10 | 17 | 24       | 31 | 7 | 14 | 21 | 28         |  |  |  |  |
| FRI   | 7         | 14 | 21 | 28 | 4  | 11        | 18 | 25 | 2  | 9  | 16      | 23 | 30 | 6 | 13 | 20       | 27 | 4  | 11 | 18 | 25       | 1  | 8 | 15 | 22 | 29         |  |  |  |  |
| SAT   | 8         | 15 | 22 | 29 | 5  | 12        | 19 | 26 | 3  | 10 | 17      | 24 | 31 | 7 | 14 | 21       | 28 | 5  | 12 | 19 | 26       | 2  | 9 | 16 | 23 | 30         |  |  |  |  |

CAMPS AND TRAINING DAYS WILL BE RELEASED ON SOCIAL MEDIA AND EMAIL

PRE-SEASON CLASSES
  CLASSES
  NO CLASSES