



ANNUAL TRAINING SCHEDULE

PLYMOUTH - 2024

BLOCK ONE

APRIL

MAY

TRIAL - FRI 26TH	FRI 3RD
	FRI 10TH
	FRI 17TH
	FRI 24TH

BLOCK TWO

JUNE

JULY

FRI 7TH	FRI 5TH
FRI 14TH	FRI 12TH
FRI 21ST	FRI 19TH
FRI 28TH	

CLASSES:

U13 - FRIDAYS 6 - 7.30 PM

U15 - FRIDAYS 7.30 - 9 PM

LOCATION: HELES SCHOOL, PLYMOUTH, PL7 4LT